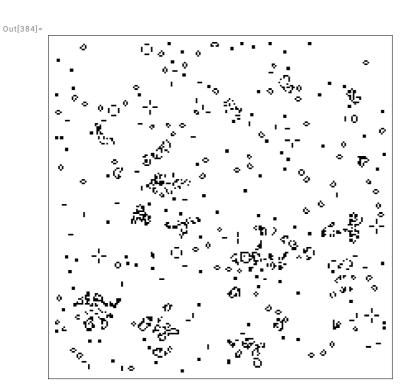
Toward Realizing Systems Supporting Cognitive Fluctuations in Dementia from a First-

Person Perspective

Katsunobu Imai (Fukuyama University)

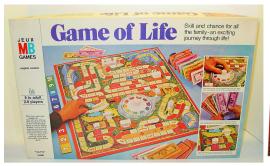
The game of life

- Conway 1970, an extremely simple model of bacterial growth
- To study the asymptotic behavior of the game of life --- death, periodic repetition, unbounded growing



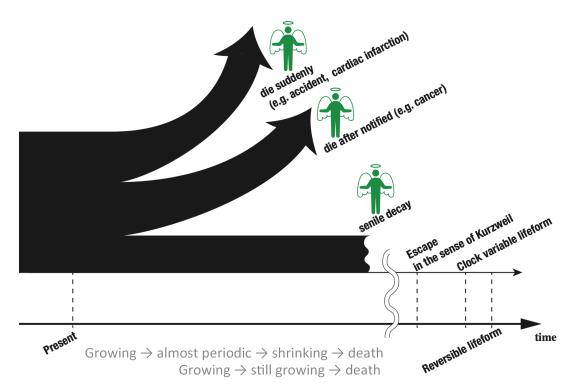
Yet another game of life

■ To study the asymptotic behavior of my life --- death, periodic repetition, unbounded growing

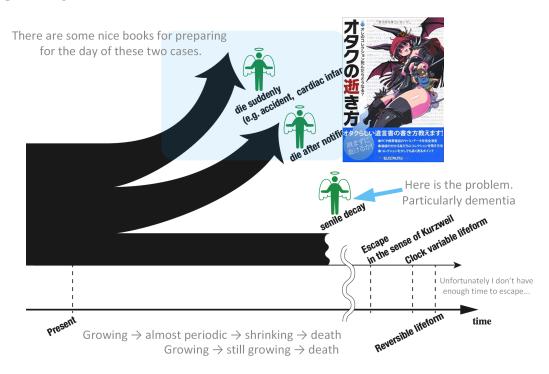




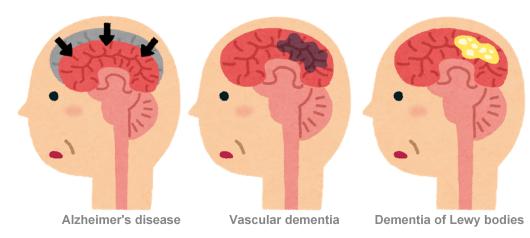
My life plan



My life plan



Dementia



Memory disorder and disorientation, ...

Cognitive, motor, behavioral, and for a significant proportion of patients, ...

Visual hallucinations, and REM sleep behavior disorder, ...

Memory loss is not always noticeable in the early stages of VD/DLB. irasutoya Wikipedia

Behavioral and Psychological Symptoms of Dementia (BPSD)

cognitive level

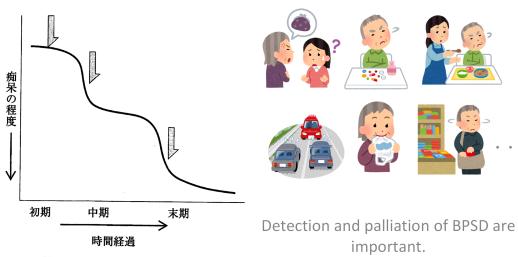


図3-1 周辺症状の生じやすい 時期(♪で示す)

小沢「痴呆を生きるということ」



Contents lists available at ScienceDirect

Sleep Medicine

journal homepage: www.elsevier.com/locate/sleep



Historical Issues in Sleep Medicine

Did Immanuel Kant have dementia with Lewy bodies and REM behavior disorder?

Marcelo Miranda a,*, Andrea Slachevsky b, Diego Garcia-Borreguero c

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ABSTRACT

Immanuel Kant, one of the most brilliant minds of the XVIII century and of western philosophy, suffered from dementia in his late years. Based on the analysis of testimonies of his close friends, in this report we describe his neurological disorder which, after 8 years of evolution, led to his death. His cognitive decline was strongly associated with a parasomnia compatible with a severe rapid eye movement (REM) behavior disorder (RBD) and dementia with Lewy bodies.

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^b Faculty of Medicine, University of Chile, Chile

^cSleep Research Institute, Madrid, Spain

Antidementia agents

- Acetylcholinesterase inhibitor ↑ (Donepezil, Galantamine, Rivastigmine)
 - Inhibits the acetylcholinesterase enzyme from breaking down acetylcholine caused by the lacking of neurons and gain the activity of parasympathetic nervous system.
- NMDA receptor antagonist ↓ (Memantine)
 - Inhibits excessive glutamatergic nervous excitement, reduce synaptic noise and neuronal excitotoxicity.
- Psychoactive drugs (Resperidone, levomepromazine, tiapride hydrochloride)
- Anti-amyloid β Antibody Drugs (Lecanemab, Donanemab)
 - lacktriangle drugs that directly target amyloid eta protein, the causative substance of Alzheimer's disease, with completely different mechanisms of action from conventional drugs that alleviate symptoms

Are drugs for Alzheimer's disease actually effective?

 Currently, dementia drugs can only offer symptomatic treatment or slow down progression for several months or years at most.

Exceptional case report: Early use of lecanemab/donanemab

This future may be unavoidable, but...

- I want to expand my self-reliance as much as possible.
- Rather, I want to keep doing what I love until the end.

HOME > 国際 > DO L特別レポート

2018.5.22

中国「一人っ子政策」が招いた親と子の苛酷な現実

王青:日中福祉プランニング代表 🕕

▶バックナンバー一覧へ











What do I want to keep doing?

Continue exploring natural computation
 Playing with the Game of Life, ...

Dementia: living in a world like that of Memento?



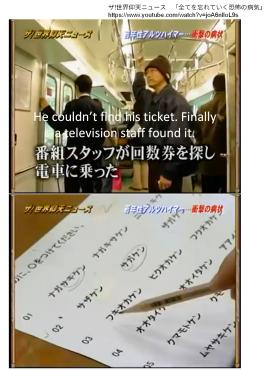
Anterograde amnesia (by herpes simplex encephalitis)

Real case: she can only hold onto memories briefly.



Early-onset dementia





Memory disorder

- Memory
 - Semantic memory, episodic memory (commonly affected by dementia)
 - Procedural memory (e.g. riding a bicycle)
- Memory Processing
 - Memorization
 - Retention
 - Recall (You need to recall a thing at a proper time and a place.)
 - Recollection (self-associative, commonly lost with aging)
 - Familiarity (not self-associative but enables recognition)

Dementia and losing abilities

	Anterograde amnesia	Early-onset dementia (advanced)	Senile dementia (early stage)	Senile dementia (advanced)	Senile dementia (last stage)
Memorization	×	A	O ^	A	×
Retention	×	^	0	^	×
Recollection	×	×	×	×	×
Familiarity	×	A	0	^	×
<u>Motivation</u>	0	0	A	×	×
Physical	0	0	0	A	×

○ :better▲ : getting worseX : worst

■ Losing the ability of "recollection → Losing the "driving force" of thinking Losing the motivation to think is not a cause but a result.

Losing the ability of "recollection." and the "driving force" of thinking

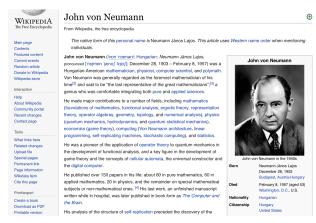
- An early-stage dementia patient tries to memorize things, but loses them or forgets about them
- An advanced dementia patient loses the motivation to memorize things
- Even Kant used personal note-taking systems. Why are we still relying only on the same technology?





About risk-taking issue and the change of social awareness

How to stop writing unwanted things to an SNS?



It is just as the good intention of parents not to let their children hold smartphones, is it also the carer's good intention to keep dementia patients away from the Internet?

Von Neumann was on his deathbed when he entertained his brother by reciting by heart and word-for-word the first few lines of each page of Goethe's *Faust.*^[8] He died at age 53 on February 8, 1957, at the Walter Reed Army Medical Center in Washington, D.C., <u>under military security lest he reveal military secrets while heavily medicated.</u> He was buried at Princeton Cemetery in Princeton, Mercer County, New Jersey, [217]

Losing the ability of "recollection." and the "driving force" of thinking

I cannot but completely rely on other's recommendation.
I have to be satisfied with collective knowledge.

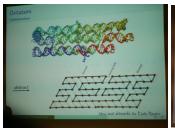


recommendation (a new story is made by the system)



■ Do I have to stop thinking? Is everything decided by others?

No, I want to stay geeky!









■ I don't want to obey big data analysis results!

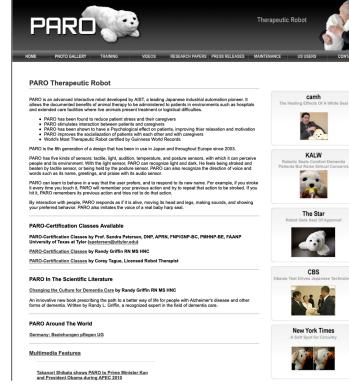
There are many proposals of supporting devices for dementia

Most devices are task-specific assistants



http://www.rehab.go.jp/ri/kaihatsu/lifeSupport/top_ja.php

Therapeutic robot



PARO is widely accepted by many care workers.

I might be willing to play with PARO every day in future. but I am wondering that the developer of PARO actually want to play with it in their old age?

camh

KALW

Robotic Seals Comfort Dementia

The Star

CBS

New York Times

A Soft Spot for Circuitry

There are many levels and variations of toys for each age of children. I believe there should be many levels and variations to my 'toys' of my old age.

The key point is how to control the complexity of 'tovs.'

> http://www.parorobots.com https://www.jstage.jst.go.jp/article/johokanri/60/4/60_217/_html/-char/ja

How can I continue my daily tasks after suffering from dementia?

- How to make me maintain my "notes for myself" just like a bonsai after suffering from dementia?
- A bonsai is a 'toy' for not only enjoying looking at, but also cultivating as it grows.



Wikipedia

A "Hänsel und Gretel" Game

They forgot the way to their house.

They forgot the meaning of the 'breadcrumbs.'

They forgot their house.

They forgot why they needed to return to their house.

They forgot they had forgot their house.

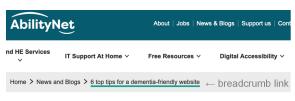
They forgot what is their 'house.'

They forgot each other.

...

- Add more situations by yourself! Anything might happen to us...
- It is difficult to imagine the state of having forgotten.

Bring me 'that!'



6 top tips for a dementia-friendly website

Claudia.Cahalane | 22 Feb 2017

1 Links and buttons

Make sure links and buttons clearly indicate their purpose. Ie, they should make sense in their own right, not just in conjunction with surrounding text. For example, rather than a link or button saying 'click here for more information', it should say 'click here for more information about speaking to the bank' or 'speak to the bank here'.

2 Make essential navigation items obvious

Important parts of a page/ site ie, the Home button, the search box and a site map should be very easy and clear to locate consistently across a website.

What is "one page"?

3 Don't split one piece of information over more than one page

Splitting forms and information across several pages can lead to disorientation. Put the whole form or text on one page so a visitor can easily scroll up and down to see what they've already filled in / read.

4 Help orientation for people with dementia by using breadcrumb links

Use breadcrumb' links (the ones with the > arrows) in an obviously visible place on the page, so it's clear for someone to be reminded of the route they've taken to get to a page, and to see which section they're currently in. le current account> outgoings>today.

5 Fonts and aesthetics

Use a consistent font to minimise distractions and confusion, along with plain backgrounds and wellcontrasted colours. Relevant photos on the page can be very useful for comprehension, allowing a user to understand content without disorientation. Heyys

Current Vacancies

Accessibility and Usability Consultants 28 Feb 2019

Disabled User Testers 28 Feb 2019

Disabled Students' Allowances (DSA) Assessor -Subcontractor 28 Feb 2019

Workplace (WPA) Assessor -Subcontractor(s) 28 Feb 2019

This is a kind of encoding problem of communication.

"Universal design" may not be useful.

In most cases I rely on many (quite personal) abbreviations, simplified concepts, and their associations.

What is desired?

"Hey Siri, bring me 'that'!"

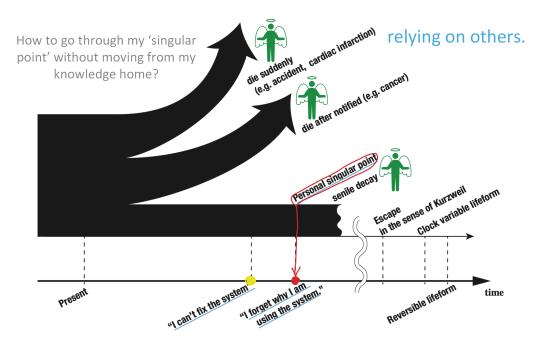
「영감댁, 그거 가져와」

6 Words and text

How to choose a proper encoding for each patient?

Use short sentences and avoid abbreviations and jargon

But the system must be essentially 타력본원 (taryeok bonwon).



Knowledge Home

Out[313]=



This word by Toffoli 2002, 2004

- Memory disorder and disorientation might be the same.
- Moving to another house results in a worsening of symptoms of dementia. One loses one's orientation.
- I do not want to move from my 'knowledge home!'
- How to make my 'knowledge home' and make me avoid kicking out of it after my 'singular point?'
- How to make me notice the fact that I tried preparing it for me after my singular point?

Then what is the knowledge home?

My knowledge home should include my thinking process.

- This relates to biometrics.
- A thinking process creates a work trajectory (a projection).
- My thinking process may be a serialization of things stored in my brain.
- It will be estimated by capturing my work process.
- How to capture my work process?

An experimental mailing list

Let's start from our very old experiment.

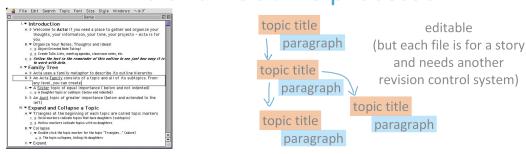
- Our 1st motivation: how to discuss something via email without the discussion diverging?
- We had to submit our work to a workshop.
- We found it difficult to discuss this by email.

We hated traditional BBSs, file systems, and hierarchical directories

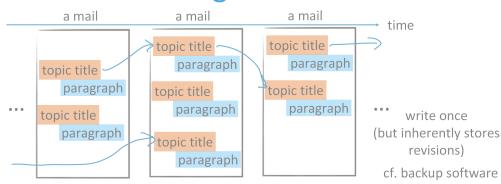
- Off-topic posts are usually criticized, but tracking discussions across different topics must be important.
- File: If the goal of a discussion is not fixed, it is difficult to compile into a file.
- A discussion structure may not follow a thread or tree format but rather a web (graph) structure.

Our mailing list protocols for collaboration

A file of an Outline processor



Our usage of emails



How to write emails for our mailing list?

Three rules:

- * Each topic title has an id.
- * A paragraph has at most three topic titles.
- Quoting a sentence in a paragraph must be specified by using a special quote marker.

topic A
 paragraph

topic Atopic Bparagraph

topic Atopic Btopic C

paragraph

A B A B

Three topic titles are enough to represent "multiple inheritance" and the splitting of a topic. Two are not enough.

Our mailing list and a mail example

From Feb. 1992 to Jun. 2005 (over 13 years) 6504 mails

4115 topic titles, 19880 quote/quoted links, 1566 external links, 4934+15385 topic-to-topic relation links.

用いたメーリングリストのメールの例

あるわけだが、もう締め切り近いのになんにも手

が無くて本当に困り果ててしまったわけだ。

From oops-adm@satsuki.ics.es.osaka-u.ac.jp Sat Sep Message-Id: <199609061403.XAA02365@satsuki.ics.es. From: imai@ke.sys.hiroshima-u.ac.jp (Katsunobu IMA 00ps: 3657 Reply-To: oops@satsuki.ics.es.osaka-u.ac.jp To: oops@satsuki.ics.es.osaka-u.ac.jp [prev]/[index]/[next]----[qm] Subject: reino are neta Date: Fri, 6 Sep 96 23:03:33 +0900 Date: Fri, 6 Sep 96 23:03:33 +0900 Errors-To: oops-adm@satsuki.ics.es.osaka-u.ac.jp Subject: reino are neta X-M1-Posted: Fri, 6 Sep 1996 23:03:04 +0900 X-M1-Name: OOPS Mailing List X-M1-Counter: 3657 これも omote に移そう. ◎ 生体・生理工学シンポジウム[ki 1358] o バーチャル実験室[ki 1359] · AltaVista(ki 1365) <a href="http://kelp.ke.sys.hiroshima-u.ac.jp/expo 第11回 生体・生理工学シンポジウム まったく、つくづくもっと熱烈に断るんだったと 後悔しきりだが(笑) ここ一週間ぐらい悩んでいたのだが、全然らちが あかない。何にも思いつかないのだった。 ともかく、基本は AltaVista[ki 1365]みたいな Web 検索サーバの検索結果に何らかの小細工を入 れて、ちょっと便利なものにしようという方針で

From: imai@ke.sys.hiroshima-u.ac.jp (Katsunobu IMAI) ◎ 生体・生理工学シンポジウム[ki 1358] (prev/next) これも omote に移そう o バーチャル実験室[ki 1359] (prev/next) · AltaVista[ki 1365] (prev/next) ◎ 生体・生理工学シンポジウム[ki 1358] (prev/next) oバーチャル実験室[ki 1359] (prev/next) HoTaMaLe[ki 1383]で変換したものに、どうしようも · AltaVista[ki 1365] (prev/next) ない部分だけをちょっとだけ手直ししたものを 生体生理シンポ96用原稿 第11回 生体・生理工学シンポジウム に置いた。標準設定のまま使っているのだが、設定を まったく、つくづくもっと熱烈に断るんだったと 変えると出なくなってしまうので手の入れようがない。 それが、ドキュメントが日本語だからなのか、今の 後悔しきりだが (笑) HoTaMaLe[ki 1383] がこの程度だからなのかは不明. ここ一週間ぐらい悩んでいたのだが、全然らちが 内容がないんだ、細かい実装の話などは書けるはずも あかない。何にも思いつかないのだった。 ないし、だいたい、 -*- Ouote (from 3657) -*-ここ一週間ぐらい悩んでいたのだが、全然らちが ともかく、基本は AltaVista[ki 1365]みたいな あかない。何にも思いつかないのだった。 Web 検索サーバの検索結果に何らかの小細工を入 -*- Unquote -*-れて、ちょっと便利なものにしようという方針で あるわけだが、もう締め切り近いのになんにも手 のあと実働はプログラム書きと文章書きとを含めて

oops: 3739

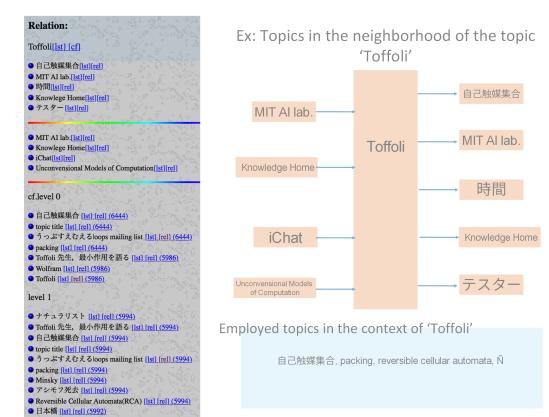
Subject: uchidome

[prev]/[index]/[next]----[qm]

Date: Mon, 30 Sep 96 12:34:53 +0900

From: imai@ke.sys.hiroshima-u.ac.jp (Katsunobu IMAI)

4934+15385 topic-to-topic relation links



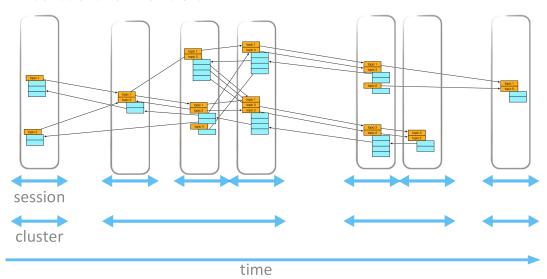
Yes, I already have my knowledge home!

- Thinking seems to be a serialization of a knowledge subgraph.
- Dementia first attacks the serialization ability.
- Recording any clue for finding paths, creating new connections, and displaying them is most important for the system.
- Wandering (徘徊) is a good effort to cope with dementia.
 - The system should promote <u>wandering</u> in the graph, because each wandering path is the projection of a serialized thinking process anyway.
 - The system should detect wandering patterns and regulate the graph's structure to preserve one's knowledge home.

This approach might enable thinking without serialization...

Topic relations & quote reference graph

■ Discussions form clusters



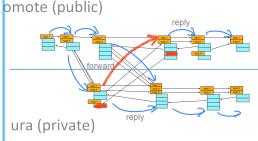
Data privacy is also important

```
oops-ura: 2507
[prev]/[index]/[next]----[qm]
Date: Fri. 8 Jul 94 03:07:33 +0900
Subject: Re: oops-ml > HTML, access control
From: MIYASHITA =?ISO-2022-JP?B?GvRCJEEkJhsoOg==?= kensuke
O oops mailing list [ki 1] (prev/next)
 o HTML(Hyper Text Markup Language) [aga 250] (prev/next)
    · hml[ki 626] (prev/next)
   -*- Ouote (from 2505) -*-
     oops-ml に対して、oops-ml-ura とかいうような mailing-list を作って、
     mail counter などは両方とも共有するなどと言う細工は簡単にできるだろ
     うか? "oops-ml-*" なる ml は共通に扱うという路線で、
     もしそうなら、危ないネタを書きたいときは「裏oops-ml」に mail を
     出すようにして、切り替えるというのはどうだろうか?
   -*- Unquote -*-
    あ、それはいいかも。賛成。
   X-MI-Count を共有するのは簡単だよね? > t-nisida
   -*- Quote (from 2505) -*-
     単なる mailing list でグループ定義などをするにはこんな方法しか
     思いつかないのだが、
   -*- Unquote -*-
   いま思いついたけど、X-ほげほげっていうヘッダは自由に作っていいはず
   なので
   X-ReadPermission:
   なんつーヘッダを作って、mailing list only と anonymous を分類すると
   かは如何でしょか。
    うーん、裏oops を作る方が楽か...。
    みやした
```

The case of our mailing list:

Each list is for a certain privacy level.

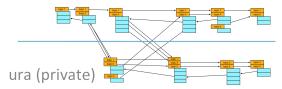
Privacy level



high

Data privacy is also important

omote (public)

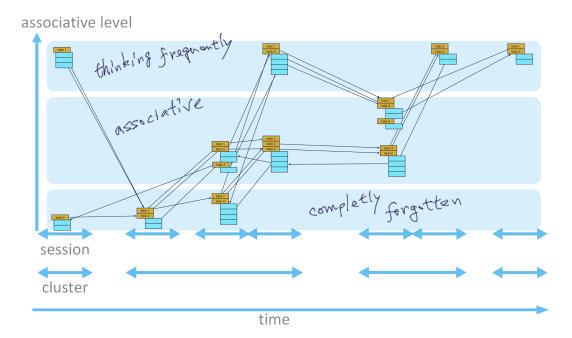


```
Topics in 1999/11 mails.
                                                                                                            Topics in 1999/11 mails.
[Prev month[Return to annual index[Next month]
                                                                                                            [Prev month[Return to annual index[Next month]
                                                                                                           ● #5009 99.11.01 23.53.23: ?
● #5010 99.11.02 12.57.13: 病気 ぎっくり腰 MacOS MacOS 9 file manageriNew & Improved Inside Macintosh 倒衛呼inale ATM ヒラギノ明
                                                                                                            ●#5010 99.11.02 12.57.13: 病気 ぎっくり腰 MacOS MacOS 9 file manageriNew & Improved Inside Macintosh 倒産(Finale ATM ヒラギノ明
● #5011:99.11.02 12.59.54: Newton project Steve Capps 本 倒座Finale 保育社
● #5012 99.11.02 13.03.54: Vitamin B complex めまい 肩凝り
                                                                                                           9 #5011 99.11.02 12.59.54: Newton project Steve Capps 本 倒產Finale 保育社
#5013 99.11.02 13.27.47: OpenGL DORE
                                                                                                           ●#5012 99.11.02 13.03.54: Vitamin B complex めまい 肩凝り
●#5014 99:11.04 11:56:07: OpenGL retained mode めまい カイロ・ブラクティック 町綴り
                                                                                                           #5013 99.11.02 13.27.47; OpenGL DORE
●45015 99.11.04 13.25.49: 電子オルガン Technitone MIDI 安田寿明 大江戸捜査網 Trax
                                                                                                           ●#5014 99.11.04 11.56.07: OpenGL retained mode めまい カイロ・ブラクティック 肩凝り
● #5016 99.11.05 12.56.41: 電子オルガン Technitone MIDI 大江戸捜査網
                                                                                                           ●#5015 99.11.04 13.25.49: 電子オルガン Technitone MIDI 安田寿明 大江戸捜査網 Trax
#5017 99.11.08 12.52.36;
                                                                                                            ●#5016 99.11.05 12.56.41: 電子オルガン Technitone MIDI 大江戸捜査網
· #5018 99.11.08 22.37.12:
● #5019 99.11.15 20.06.44: NCR QuickGaragel奈良先端科学技術大学院大学(NAIST) PowerBook2400: 生体・生理工学シンポジウム
                                                                                                           ● #5017 99.11.08 12.52.36: name card (名刺) erabo Technitone MIDI 大江戸捜査網 RAVEL, Maurice ハンダ付け用の曲 クープランの墓(Le
MCLIMCL2.0 mailing list ソフトウェア成長モデル
                                                                                                           Tombeau De Couperin)
a 45020 99 11 15 20 09 16:
                                                                                                           ●#5018 99.11.08 22.37.12: name card (名刺) erabo
@ #5021 99.11.15 20.28.35; Adobe Systems MetaCreations
● #5022 99.11.16 20.16.06: 本 Cellular Automata Permutation City (順列都市)
                                                                                                           ●#5019 99.11.15 20.06.44: NCR QuickGaragel奈良先端科学技術大学院大学(NAIST) PowerBook2400c 生体・生理工学シンポジウム
● #5023 99.11.19 19.18.37: OpenDociOpenDoc MacOS 9 AppleShare IP
                                                                                                           MCLIMCL2.0 mailing list ソフトウェア成長モデル
a 45024 99 11 20 01 14 13:
● 45025 99.11.25 15.09.54: QuickGaraget奈良先端科学技術大学院大学(NAIST) PowerBook2400c NuPower G3 for 2400 URL 雜誌
                                                                                                           ●#5020 99.11.15 20.09.16: name card (名刺) erabo
                                                                                                           ● #5021 99.11.15 20.28.35: Adobe Systems MetaCreations
(Magazine, Journal) Elsevier Science PDF Theoretical Computer Science Information Processing Letters
                                                                                                           9 #5022 99.11.16 20.16.06: 本 Cellular Automata Permutation City (順列都市)
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● #5034 99.11.30 22.33.53; name card (名刺) erabo Generated; 2019.01.30 10.27.17

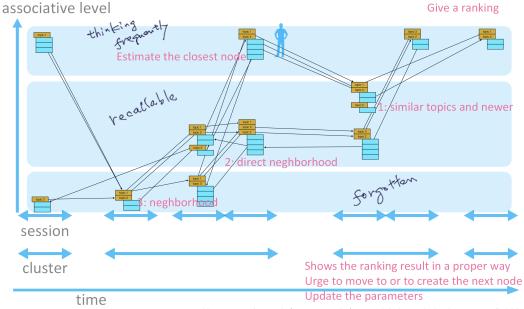
Associative level

- How much you remember from past emails.
- Associative level varies



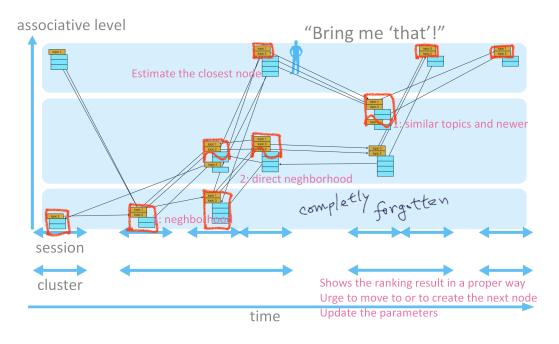
The desired behavior of the system

- Find the node that best matches current thoughts
- Estimate the associative level of each node



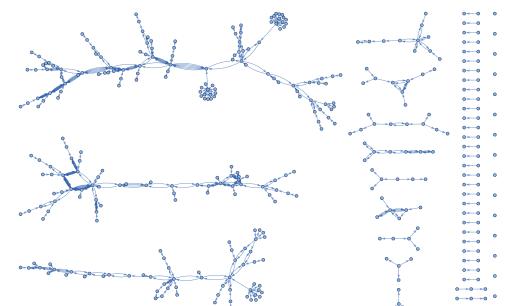
Content presentation based on associative level

- High associative level nodes: present concisely
- Low associative level nodes: present in detail



Example: quote/quoted relations

■ From Jan 2000 to Dec 2000



LLM Advances Enable Flexible Data Retrieval

- Retrieval-Augmented Generation (RAG): Seamless retrieval of personal data
- GraphRAG (Graph-based Retrieval-Augmented Generation)
 - + appropriate graph structures
- Different knowledge sources: mailing lists, SNS, email data

You can utilize your SNS/email archive data!

A GraphRAG implementation

Out[0]=

The Y2K problem, also known as the year 2000 problem, arises from the practices of computer systems using two digits to represent the year, potentially leading to errors when the year rolled over from 1999 to 2000. Below are detailed aspects of the Y2K problem along with their corresponding node numbers:

- 1. **MCL**: Node 22
 - Mentioned the Y2K problem and its necessity for patches in software, like converting "100" to "2000."
- 2. **2000年問題 (Y2K Problem) **: Node 11, 20, 34, 37, 44
 - These entries specifically refer to the Y2K problem.
- 3. **oops mailing list**: Node 12, 21, 35, 38, 45
 - The mailing list contained discussions and concerns related to the Y2K problem.
- 4. **Perl**: Node 13, 36, 39, 46
 - Perl scripts were highlighted as particularly vulnerable to issues related to the Y2K problem.

Estimating the associative level

- Measuring the time needed to understand a forgotten episode
- Direct system inquiry: "Just ask me directly!"
- Biometric signals aid estimation (soliloquy, body motions, heart rate, eye tracking, etc.)

Cognitive level

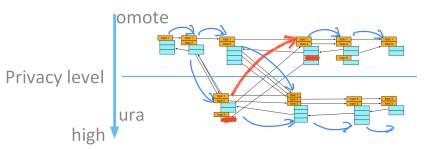
Another important parameter
How to prevent posting unwanted content to SNS?

- High cognitive level enables better concentration control across multiple targets
- User-generated content reflects cognitive level
- ↓ Maximum cluster length & ↓ Cognitive level = Harmful combination!

Cognitive level

■ For operations lowering privacy levels, the system executes, stops, or camouflages based on cognitive level.

The system should focus on the activity of the red arrow.



How to camouflage the forwarding?

cf. Honey pot

Each generation has its iconic device

Memories converge around age 20



20 years old

introduced time in one's life

Privacy issue

- Google failed to introduce Google Glass, but Amazon has so far successfully introduced a number of 'privacy violating' services.
- I want to enter into a contract with an IT company that will be the 'driving force' of my thinking.
- This will cause a serious privacy problem.
- But I would face an even more serious problem with healthcare workers if I don't seek help from IT companies beforehand.

The future after consigning my 'soul'... paradise or nightmare?

- Does implementing a periodic background process (within my finite network) help reduce my fear of the future?
- Context switching via periodic background processes might be a gateway to my new time-sharing 'Nondeterministic' Life...